

HONOURABLE Mention for Media Print is presented to

**HELEN WESTERMAN**

Journalist, *The Age*

*“Rural footy clubs act to tackle the  
loss of players and mates to suicide”*

Helen Westerman is recognised for her excellent reporting on the affects of suicide on regional communities and highlighting the meritous efforts of the regional welfare group Family Welfare and central Victoria’s Goulburn Valley Football League . Launching a program called *Coach The Coach* it was aimed at educating senior club members about the signs of depression and suicidal behaviour with the hope of encouraging further open discussion with a high demographic of male members.