

Outstanding Contribution Award is presented to

MRS MARGARET APPLEBY OAM

of

Lifeline Macarthur, NSW

Mrs Margaret Appleby has been instrumental to the survival of many people when they needed someone to listen and support them. Margaret has her phone by her side 24/7 and is prepared to help anyone and everyone. She is a respected part of the community and is always “making a difference” in so many ways.

Margaret became a volunteer with Lifeline almost 29 years ago. She was appointed CEO 6 ½ years later of the organisation, a position she held for 22 years. After retiring as CEO, she has been bestowed the honour of being the first Patron of Lifeline Macarthur where she still continues to have an active role.

Margaret is a pioneer in Australia in the area of Suicide Prevention, having written 12 books and manuals on this subject. She speaks nationally and internationally and continues to develop workshops, instigating further programs to address suicide awareness, prevention, intervention and postvention strategies.