



# 2008 LIFE AWARDS

IN RECOGNITION OF THOSE WHO HAVE MADE AN OUTSTANDING CONTRIBUTION TO SUICIDE PREVENTION WITHIN AUSTRALIA

The Inspire Foundation recognises the immense importance of addressing mental health and suicide prevention in adolescents and young adults, and sees the power of the internet as a medium for making contact with young people and offering them health information and services.

On-line networking and media sharing sites have created an environment in which many young people spend a considerable amount of time.

Parts of this landscape are *reachout.com.au* and *actnow.com.au*, two websites developed by Inspire offering information on health issues in a vibrant, youth-oriented style.

Research in this developing field constitutes a significant part of the process of developing online resources that are accessible, informative and appealing to their target audience.

The past year has seen an impressive output from Inspire's Research and Policy team.

Two members are engaged in doctorates on the relationships between technology, youth and mental health;

Apart from, this the team has

- published numerous articles in peer-reviewed journals;
- presented at national and international conferences and workshops; and
- undertaken consultancies and partnerships with various major youth, health and education bodies.

The work of the Research and Policy Team has been recognised by research grants from the Australian Research Council, The Brain and Mind Research Institute and the Queensland Institute of Technology.